



REVIEWS

BOOKS

Reviewed by Duncan Roads

THE WHOLE SOY STORY

by Kaayla T. Daniel, PhD, CCN

New Trends Publishing, Inc., USA, 2005

ISBN 0-9670897-5-1 (480pp HC)

Availability: New Trends Publishing, Inc.,

www.NewTrendsPublishing.com or

Kaayla Daniel, www.wholesoystory.com.



I remember with fondness the days in my teens when I helped convert soaked soybeans into tofu, thinking all the time that I was part of a new generation of people who were going to change the world. Naturally soybeans were part of that formula, or so I naively believed at the time. Two decades later I find myself telling anyone who will listen that soy products are causing more harm than good—to the environment, the economy and to human health.

This is *the* book on the subject that tells it all. It is a case of 'possible' health benefits (if one is to believe industry-funded studies) versus proven risks (if one is to believe the independent studies).

NEXUS has already addressed several of the important risks to human health with respect to soy products. These risks and more are well-documented and updated in Kaayla's book. For those in the health industry there are pages full of references and footnotes to back up the claims.

Topics and chapters include: a short history of soy in the East; development of soy products and oils in the USA; soy lecithin; soy fat; soy protein; soy carbohydrate; the antinutrients in soy, including protease inhibitors, phytates, lectins, saponins and oxalates; the heavy metals found in soy, including manganese, fluoride and aluminium; the rise in soy allergies; and finally, the worst of the lot—the hormonal havoc being caused by soy products.

Kaayla is to be congratulated on compiling such a complete picture of the history, types, ingredients and effects of soy products. I particularly appreciated her comment that this book is "Printed with soy ink, an appropriate use of soy".

THE BIOLOGY OF BELIEF: Unleashing the Power of Consciousness, Matter and Miracles by Bruce Lipton, PhD

Mountain of Love Productions, USA, 2005

ISBN 0-9759914-7-7 (224pp HC)

Availability: Mountain of Love Productions, 2574 Pine Flat Road, Santa Cruz, CA 95060, USA. Tel: +1 831 454 0606, www.bruce-lipton.com

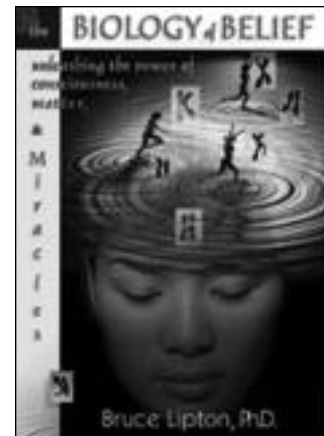
This book is a groundbreaking work in the field of New Biology. Author, Dr Bruce Lipton is a former medical school professor

(University of Wisconsin) and research scientist (Stanford University School of Medicine). His experiments include examining in great detail the molecular mechanisms by which cells process information.

The implications of this research could radically change our understanding of life. It shows that genes and DNA do not in fact control our biology or behaviour, but instead they are controlled by signals and influences from *outside* the cell. These influences include our perceptions and beliefs.

Bruce Lipton shows that our beliefs, true or false, positive or negative, affect genetic activity and actually alter our genetic code.

Dr Lipton's profoundly hopeful work, now being hailed as one of the major breakthroughs in the field of 'New Sciences', shows how we can retrain our consciousness to create healthy beliefs, and by doing so create a profoundly positive effect on our bodies and our lives.



REVIEWS



AFTERLIFE KNOWLEDGE GUIDE-BOOK: A Manual for the Art of Retrieval & Afterlife Exploration by Bruce Moen

Hampton Roads Publishing Inc., USA, 2004

ISBN 1-57174-450-9 (352pp tpb)

Availability: from author at www.Afterlife-Knowledge.com or from Hampton Roads Publishing, 1125 Stoney Ridge Rd., Charlottesville, VA 22902 USA.

Tel: +1 434 296 2772

website: www.hrpub.com

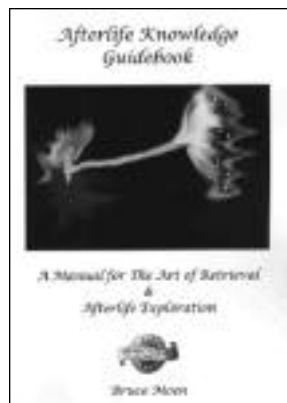
It is amazing to consider that we spend nearly a third of our lives with our waking consciousness switched 'off', aka 'asleep'. For those keen to wake up inside their 'sleep', an amazing universe awaits your exploration. This is a book that will assist you in your understanding of what is 'out' there, so to speak.

Books like this present a key to opening the door to a universe you already know, but don't remember each waking day. Books like this allow you to find out for yourself what makes 'reality' and how you are connected to it. This is the universe where what you believe determines what you experience—a concept many say applies equally in our own waking 'reality'.

For those wondering whether they should read Bruce's earlier books in order to be able to get the most out of this one—the answer is probably not. If you are comfortable with the concept of out-of-body experiences as a possibility, I would suggest you only need to read his third (*Voyages Into the Afterlife*) and fourth (*Voyages to Curiosity's Father*)

books. Also, if you are into this type of research, it would greatly help to read Robert Monroe's books, *Far Journeys* and *The Ultimate Journey*.

I have taken the following material from the author's website so you can see what is in the actual book, in terms of subjects:



"This *Afterlife Knowledge Guidebook* is not the author's answer to the mystery of our afterlife. Rather, it is a simple system of concepts, techniques and exercises taught since 1998 in his workshops in the United States, Canada, the United Kingdom, Australia, Asia and Europe. Thousands of people have successfully learned this simple system to solve the great mystery of our afterlife for themselves.

"Everything taught during the two-day workshop is covered in this *Afterlife Knowledge Guidebook*. A set of audio CDs with all of the exercises recorded in the author's voice is also available. Written scripts are included for those who desire to make their own exercise recordings.

"You no longer need to take anyone else's word for the Truth about our afterlife—now you can learn to explore our afterlife through your own direct experience and find the Truth for yourself.

"Imagine how your life will change when you know beyond all doubt that our afterlife truly exists and that you are an eternal being, a being who never dies.

"Chapter titles include: A Concept of Consciousness; Hemi-Sync Model of Consciousness; State Specific Memory; Relaxation As a State of Consciousness; Affirmations; Placing Intent; Doubt; The Belief Factor; Beliefs & Identity; Changing & Eliminating Beliefs; The Perceiver & The Interpreter, Components of Consciousness; Interpreter Overlay, The Root of Inaccuracy; Guidance, A Useful Tool; Heart Intelligence; Love & Fear; Projecting Love Energy; A Map of the Afterlife Territory; A Review of Exploration Techniques; Focused Attention For Exploration; Imagination as a Means of Perception; Focusing Attention Through Your Nonphysical Senses; Shifting your Focus of Attention to Other Realities; Helpers; The Retrieval Process; Focus 23 Retrieval Examples; Belief System Territories; Belief System Territory Retrievals; Visiting or Retrieving a Specific Deceased Person; Visiting or Retrieving a Specific Deceased Person; Retrieving an Aspect of Self; Seeing It Not There & Black Stuff; Releasing Picked Up Emotional Energies; Partnered Exploration and more."

How was that for an interesting line-up of topics? So isn't it time that the conscious 'you' found out what the 'unconscious you' has been doing all that time?



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THE WARNING IN STONE

by **Suhail M. Jalbout**

Arab Scientific Publishers, Lebanon, 2004
ISBN 9953-29-698-7 (172pp tpb)

Availability: from author, Suhail M. Jalbout, PO Box 113-5117, Hamra Branch, Beirut, Lebanon. www.planeteroid.com

The Egyptian historian, al-Masudi wrote in the Middle Ages: "The Great Pyramid was not a tomb, but a book in stone - a book that could be read when generations far in the future possessed enough scientific knowledge to understand its implications".

As you can probably glean from the title, the author is asserting that there is a regular cosmic visitor to our inner solar system, one that causes massive climate and geographical changes. He has named this visitor 'Planeteroid', and has done a very commendable job in his research and digging up good information to support his theory.

Early in the book, Jalbout establishes a 'usual interval' for the visiting object of approximately 7,000 years. The culprit responsible for causing these catastrophes is defined as a large piece of an unknown planet, which he calls *Sevta*. Using Bode's Theory, Jalbout deduces that *Sevta* existed in the place where Pluto is today. Due to its unstable path, *Sevta* was split and pulled from its orbit, creating Pluto, Sedna and the periodic visitor, Planeteroid.

Jalbout asserts that the Great Pyramid was built as a tomb for the Pharaoh and mistakenly uses the accepted dates of 2,500 and 2,300 BC as this time frame. Personally, I find the author's work to be most refreshing in its approach, however I would have argued that the previous visit of Planeteroid

around 9,500 BC would be a better construction date for the Great Pyramid.

For those readers who research and look for proof of the much-discussed Planet X, I can say that you will probably get some new research, leads, and ideas from reading this book.

FADED GIANT: The 1967 Missile/UFO Incidents

by **Robert Salas and James Klotz**

BookSurge, LLC, USA, 2005
ISBN 1-4196-0341-8 (142pp tpb)

Availability: from publisher, BookSurge LLC, 5341 Dorchester Road, Suite 16, North Charleston, SC 29418 USA
Website: www.booksurge.com

In the spring of 1967 at Malmstrom Air Force Base (AFB) near Great Falls, Montana, the normal course of military business came to an alarming halt when nearly twenty nuclear missiles shut down without reason. The suggested and observed culprit behind this extraordinary security occurrence—UFOs.

The Minuteman missile was conceived in the 1950s as a stable ICBM system with a good 'shelf life' and rapid-firing capabilities. The Malmstrom AFB deployment of nuclear tipped missiles stretched more than 180 miles across Montana, and included 150 missile silos and 15 Launch Control Complexes, all connected together with hundreds of miles of deeply buried cable.

This book seeks not only to explain this mysterious series of events, but also raises questions of particular interest regarding military and government censorship of perti-

nent information. To this end, the authors, Robert Salas and James Klotz, have provided hard evidence in the form of documentation to support their contention that the government has withheld this information from the public. (In fact, the appendixes take up nearly two-thirds of the entire book!)

Salas is a graduate of the USAF Academy and served for seven years before earning a Master's degree in Aerospace Engineering from the Air Force Institute of Technology. In 1967 he was serving as a Missile Launch Officer in the Minuteman Missile Program at Malmstrom AFB, hence the first-hand knowledge of some of the events.

There is a foreword by noted author, Raymond E. Fowler, which reveals his own, independent knowledge of these events.

I always enjoy books which get straight to the point and are light on rhetoric or personal opinions. In true military style, Salas and Klotz get right into it, and provide the reader with excellent material upon which to make up their minds on this intriguing event.



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THE MEASURE OF ALBION: The Lost Science of Prehistoric Britain

by Robin Heath & John Michell

Bluestone Press, Wales, UK, 2004

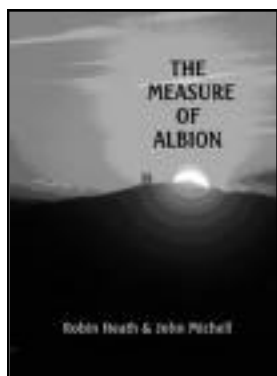
ISBN 0-9526151-5-0 (143pp tpb)

Availability: from publisher, Bluestone Press, Maes yr Awel, Cwm, St Dogmaels, Cardigan, Pembrokeshire, Wales SA43 3JF, UK. www.matrixofcreation.co.uk

Long trackways, stone rows, circles, standing stones and huge mounds of earth may be found all over Britain—monuments dating back well over 4,000 years. Despite centuries of investigation, these monuments have held on to their secrets and remain deeply mysterious.

In *The Measure of Albion*, Robin Heath and John Michell present a remarkable breakthrough in understanding the system by which prehistoric monuments were designed and placed on the landscape.

This system, a precision geodetic science, enabled the megalith builders to mark out vast geometric shapes across the landscape, claim the authors. At key points the builders



erected magnificent stone temples and markers, their dimensions and locations encoding intimate knowledge of the Earth and of the heavens.

Interestingly, the major time periods of the Sun and Moon were encoded also within these monuments, units of measure and system of land surveying. The authors point out that remnants of this system of measurement still survive today as the English foot, nautical mile and knot.

This is all quite exciting research and I look forward to seeing how the lines and measure system hold up when extended from the British Isles across to France, Turkey and eastern Europe, where more mounds, stone circles and mystery structures are being discovered.

I would also recommend people read Bruce Cathie's most interesting research in conjunction with this book.

SHABTAI TZVI, LABOR ZIONISM AND THE HOLOCAUST

by Barry Chamish

Modiin House, 2005

Availability: From publisher, Modiin House, Nakhal Zohar St. 40/2, Modiin 71700, Israel. www.barrychamish.com

Barry Chamish is a researcher, writer and whistleblower who is exposing agendas and corruption within Israel. For nine years he worked to gather information on the Rabin assassination, only to find that it was an inside job, and that the media were in on helping the cover-up.

I found a very succinct description of what this book covers in Barry's preface:

"...Zionism began as an honest national liberation movement that was too quickly infiltrated and corrupted by the secret followers of the false messiahs Shabtai Tzvi and Jacob Frank. Anyone who looks at events from that starting point realizes that had there never existed Labor Zionism, there would not have been a holocaust.

"Now this same demonic force is wrapping its pincers around the Jews of Yesha. These Jews refuse to realize that their enemy is terrified by the revival of Torah Judaism taking place in these territories and will do whatever needs to be done to wipe the revival out and return the country to the Sabbataian values envisioned by the founders of Israel.

"Opposing the Sabbataian Zionists during the period of the Holocaust were, what were then known as, the Revisionist Zionists. Today the wounded and weakened descendants of this good Zionism, are known broadly as the Right. They tried and failed to save the Jews of Europe. The Labor Zionists had far too many powerful allies among the bloodthirsty occultists who run this planet from behind the scenes.

"The Sabbataian Zionists made a terrible pact with the Nazis, simplified after the best known component, called *The Transfer Agreement*. They let the Nazis have their way with Europe's Jews, and later continued the torture and medical experiments upon the Sephardi children who immigrated to their new Sabbataian state.

"...Over the past 120 years, the Sabbataians have infiltrated the Jewish leadership worldwide and oversaw the destruction of over 80% of the people by promoting wars, pogroms, assimilation and the Holocaust."



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UNVEILING TIBETAN BUDDHIST PROPAGANDA AND ATROCITIES

by Rev. Dr S. D'Montford

Shambhalla Awareness Centre, 2005
ISBN 0-9757535-0-9 (206pp tpb)

Availability: from publisher, Shambhalla Awareness Centre, 15 Cannington Pl., Helensvale, Qld, 4212, Australia
Website: www.shambhalla.org

During the early to mid-1980s, I ran Australia's largest 'new age' information centre; a bookshop; and a free magazine called *Southern Crossings*. These were the days when yoga, meditation, Tai Chi, health foods etc. started to penetrate mainstream society in places like Sydney. Naturally, there were a large number of books and courses on various aspects of Buddhism and Tibetan Buddhism in particular. Like everyone else at the time, I was impressed by the seemingly peaceful and spiritual monks and lamas that dutifully visited Sydney. (Although I did wonder a bit why these monks tried so hard to get into the pants of some Aussie ladies I knew at the time.)

As the years progressed, I became aware that Tibetan Buddhism was not what it was presented to be. It is just another social control mechanism designed to deceive and delude the masses into giving away their power and beliefs.

There are very few books addressing this subject at all. Little wonder no westerners were allowed into Tibet to witness atrocities and the persecution that sometimes makes the Inquisition look tame in comparison.

Atrocities included torture, rape, murder, assassination, use of propaganda, genocide,

exploitation of ignorance, corruption, paedophilia and institutionalised child molestation, high level links to the CIA, and the worst of the lot—ritual black magick involving human sacrifice and consumption of body organs.

This book deliberately sets out to document and outline the side of the story of those earlier cultures that existed before Buddhism imposed its bloody rule.

UFOS, PSI AND SPIRITUAL EVOLUTION: A Journey through the Evolution of Interstellar Travel

by Christopher C Humphrey, PhD

Adventures Unlimited Press, USA, 2004
ISBN 1-931882-38-X (280pp tpb)

Availability: From your nearest NEXUS office, or from the publisher, Adventures Unlimited Press, One Adventure Place, Kempton IL 60946 USA. Website: www.adventuresunlimitedpress.com

The modern era of UFOs began in May, 1947, one year and eight months after Hiroshima, and according to the author, this is no coincidence. He suggests there are beings in the universe with the ability to jump hundreds of light years in an instant, using a form of teleportation, in this case, likely a power of the mind.

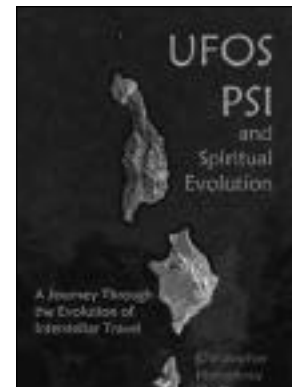
UFOs are often observed to float along close to the ground, in complete silence. The author, Christopher Humphrey suggests that this levitation is another power of the mind. Following this train of thought, Humphrey asserts that if it weren't for levitation and teleportation, star travel would not be possible at all, since modern physics

rules out star travel via technology.

So generally speaking, if we want to go to the stars, it is the mind and spirit we must study, not technology. The book contains discussion on the concept that the mind must therefore be a dark matter object, since it is invisible and intangible and can freely pass through solid objects.

A disembodied mind can see the de Broglie vibrations (the basis of quantum mechanics) radiated by both dark and ordinary matter during near-death or out-of-body experiences, and it is discussed that levitation requires warping the geodesics of space-time—the latest theory in physics is String Theory—which requires six extra spatial dimensions. Humphrey explores the concept that the mind warps those higher geodesics to produce teleportation.

Dr Humphrey contends that we are a primitive and violent species, and that our universities lack any sciences of mind, spirit or civilisation. He points out that if we want to go to the stars, the first thing we must do is grow up. That is the real journey!



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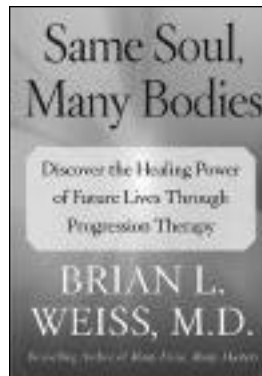


SAME SOUL, MANY BODIES: **by Brian L. Weiss, M.D.**

Piatkus Books Ltd, UK, 2004
ISBN 0-7499-2541-8 (227pp tpb)
Availability: from publisher, Piatkus
Books, 5 Windmill St., London W1T 2JA,
UK. Website: www.piatkus.co.uk

I absolutely loved this book and consider it of immense importance to those seeking to understand 'why we are here'. Some of the case studies are absolutely mind-blowing! Rather than my own ramblings, I have chosen an extract written by the author. It will give you a 'feel' for the rest of the book.

"Until a few months ago, on those rare occasions when I progressed my patients forward, it was usually into their own lifetimes. I did the progressions only when I thought the patient was psychologically strong enough to handle them. Often I was as unsure as they about the meaning of the scenes they brought back.



"Last spring, however, I was giving a series of lectures on a cruise ship. In such sessions, I often hypnotize my listeners en masse then lead them into an earlier life and back again to the present. Some go back in time, some fall asleep, others stay, un hypnotized, where they are. This time, a member of the audience—Walter, a wealthy man who is a genius in the software business—went into the future on his own. And he didn't go into his own lifetime—he jumped a millennium ahead!

"He had come through dark clouds to find himself in a different world. Some of the areas, such as the Middle East and North Africa, were "off limits", perhaps because of radiation damage, perhaps because of an epidemic, but the rest of the world was beautiful. There were far fewer people inhabiting it, because of nuclear catastrophe or plague or the lowering of the fertility rate. He remained in the countryside and so could not speak about cities, but the people were content, happy, even blissful. He said he hadn't the right words to describe their state.

Whatever had thinned the population had happened long before. What he saw was idyllic. He wasn't sure of the date, but he was sure that it was more than a thousand years from now.

"The experience helped him emotionally. He was rich enough to fantasize about changing the world, but now he realized no one man can do that. There are too many politicians, he said, who are not open to the concepts of charity or global responsibility. The intention to make the world a better place was what mattered, along with the acts of charity he could personally perform. When he returned to this life, he felt a little sad, possibly because he was no longer in the idyllic future. Or he may have been grieving about the coming calamity, sensing its inevitability at some level, as most of us do.

"When he was awake, he described the vivid and powerful scenes, and the feelings and sensations he had experienced. This is one reason that I think this is not all imagination. Yet his excitement did not come close to matching mine, for I finally saw the implications. I had come to learn that past, present and future are one and that what happens in the future can influence the present, just as the past influences it. That night, I wrote: 'We can go into the future if it's done wisely. The future, whether near or far, can be our guide. The future may be feeding back into the present to influence us now into making better choices and decisions. We can change what we're doing now based on feedback from the future. And that changes our futures in a more positive direction.'

"Think of what that means! As we have had limitless past lives, so will we have limitless future ones. Using our knowledge of what went before and what is to come, we may be able to shape the world's future and our futures. This ties into the ancient concept of karma: What you do, so shall you reap. If you plant better seeds, grow better crops, and perform better actions, your harvesting in the future will reward you.

"Since then I have progressed many others. Some have progressed into their own lives, some into a global future. Science fiction, wish-fulfillment, imagination—all these might explain what they saw, but so might the possibility that they were actually there.

"Perhaps the ultimate lesson I can draw from this lifetime is what the future holds and how we can all influence it. That knowledge, at least as much of it as I have now, will color my next lives and yours on our voyage toward immortality."



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LIMITLESS MIND: A guide to remote viewing and transformation of consciousness

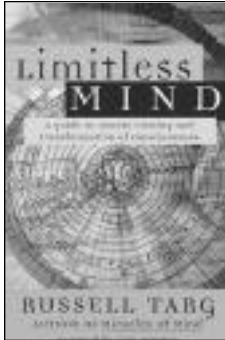
by Russell Targ

New World Library, USA, 2004.

ISBN 1-57731-413-1 (207pp tpb)

Availability: from good bookstores or the publisher, New World Library, 14 Pamaron Way, Novato, CA 94949, USA.

Website: www.newworldlibrary.com



The psychic abilities of most humans are dampened by the clutter of our conscious minds, points out Russell Targ, physicist, author, and pioneer into remote viewing research at Stanford Research Institute.

For decades, the work of Targ and others has demonstrated that our minds have extraordinary abilities we are only beginning to understand.

Learning to use these abilities—from remote viewing, to precognition, to intuitive medical diagnosis, to distant healing—leads to a quiet mind, the experience of the interconnectedness of all beings, and, ultimately, the transformation of consciousness.

In *Limitless Mind*, Targ clearly presents the scientific support for remote viewing and the phenomenon of "non-locality".

He explains these phenomena in clear terms and offers practical, concrete steps you can take to guide you in your own experiences of remote viewing and distant healing.

He also illuminates the phenomena of intuitive medical diagnosis and distant healing in a groundbreaking synthesis of research and empirical data. Drawing on a broad range of spiritual traditions, Targ demonstrates that these psychic abilities offer a path of self-inquiry and self-realisation and have the power to expand each person's limited awareness into the consciousness shared by all beings.

Targ explores the scientific and spiritual implications of remote viewing, as well as offering practical techniques and exercises to nurture this universally available but often untapped skill.

EXOPOLITICS: Politics, Government, and Law in the Universe

by Alfred Lambremont Webre, J.D.

Universebooks, Canada, 2005

ISBN 0-9737663-0-1 (133pp tpb)

Availability: from publisher website only: www.universebooks.com

It is now fair to assume that in our global society, the majority of people believe that we are being visited by 'aliens', and that this information is being suppressed. So it is refreshing to read a book which takes us from this point onwards, instead of seeking to convince us of the reality of UFOs etc.

Alfred Lamont Webre is no lightweight when it comes to this level of analysis.

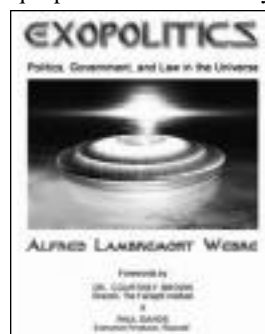
Considered by many as a founding father of Exopolitics, his involvement with the study of the the UFO phenomenon includes work with the prestigious Stanford Research Institute (SRI), where in 1977 he directed a proposed extraterrestrial communication study project for the Carter White House.

R. Leo Sprinkle, PhD, Professor Emeritus, University of Wyoming and UFOlogist had this to say:

"Exopolitics provides an outline for evaluating the current status and possible future of humanity. Webre prepares the reader not only for changes in political 'realities' but also for changes in scientific 'realities', emphasizing the principles of the holographic universe—both spiritual and material dimensions are ONE. Thus, spiritual and ethical, as well as scientific and technical development, are signs of a planetary society that is ready for universal 'reunion' in politics, government, science and law."

Webre clearly encourages and educates the reader towards embracing a positive vision of the future, and explores the concept that Earth may have been in a type of 'quarantine' until mankind matures to the point of understanding that we are not alone.

Further, the book suggests specific steps to end our relative isolation, by reaching out to technologically and spiritually advanced civilisations that are engaging our world at this unique point in human history.



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DVDs/VIDEOS

Reviewed by Duncan Roads

ARSENAL OF HYPOCRISY: The Space Program and the Military Industrial Complex

Presented by Bruce K. Gagnon
Produced by Randy Atkins (60mins)
Availability: AOH Productions, PO Box 3031, High Springs, FL 32655-3031 USA
Tel: 1-352-328-8500 or 1-352-328-8600.
www.arsenalofhypocrisy.com



"The US Congress has been taken over by the Military-Industrial Complex" says Bruce Gagnon, of the Global Network Against Nuclear Weapons & Nuclear Power in Space. Gagnon is well-recognised as a scholar and activist in this field, and his presentation of information is excellent.

This is a truly excellent documentary outlining the dirty history of the US space program, and tracking the hidden agenda of the Military-Industrial Complex (MIC) to control space.

It features comments on the subject by MIT Professor Noam Chomsky; has soundtrack of the original Eisenhower speech in 1961 where he warns—as he stepped down from being President of the United States—of the growing power of the MIC.

Using excellent graphics and plenty of original video footage, this documentary shows how the National Missile Defence Program is really a 'Trojan Horse' for the hidden weaponisation of space by the MIC. It shows that control of space means total control of Earth.

The film includes footage and material of famed Nazi rocket scientist Werner von Braun and Apollo astronaut Edgar Mitchell.

Here are the origins of the US space program, the artful public relations schemes that conceal its intent and sell it to an unknowing electorate. Here is the science underpinning the long-range goal of planetary conquest and control; and here are the

hideous ecological risks posed by the megalomaniac corporate drive to exploit space as the most lush source of profit yet imagined.

Randy Atkins of AOH Productions should be congratulated for putting together the best documentary on this subject I have ever seen. Little wonder this film has been accepted for presentation at the upcoming New York International Independent Film and Video Festival.

THE LIVING MATHEMATICS OF NATURE

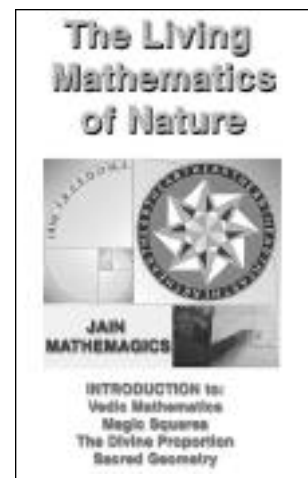
© Jain Mathemagics 2005 (120mins)
Produced by E&E Productions, PO Box 444, Oaklands Park, South Australia, 5046. www.eande.va.com.au
Availability: Jain Mathemagics, 777 Left Bank Road, Mullumbimby NSW 2482 Australia. www.jainmathemagics.com

Subtitled *Introduction to Vedic Mathematics, Magic Squares, The Divine Proportion & Sacred Geometry*, this two hour DVD gives a close-up of what you see and hear during one of Jain's presentations.

The DVD is in four sections: Vedic Mathematics (which covers rapid mental calculations); Magic Squares (translating numbers in Atomic 'art'); The Divine Phi Proportion (see sacred geometry inherent in nature); and 3-Dimensional Geometry (which includes the Platonic Solids).

Other topics that may be of interest include: Language of Shape; Digital Compression; Fibonacci numbers; Shapes of Sound; Principle of Implosion; Sacred Geometry in DNA; the Gender of Geometry; and secrets of the Star of David.

Finally, there exists a comprehensive, easy-to-understand, well-informed, and well-produced documentary on this very important subject. After years of research and small-scale teaching, Jain has deservedly emerged on the world stage with the spread of this information.





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MUSIC

Reviewed by Richard Giles

ONE

by Dierdre

Six Degrees Records, USA 2005 (51 mins)
Distributors: **Aust**—MRA, tel (07) 3849 6020; **USA**—Six Degrees Records, tel 415 626 6334; www.sixdegreesrecords.com

A new album from Six Degrees of unusual world electronica with the strange impellingness of Dierdre's vocals. The mix of synthesiser and ambient sounds highlight her clear and succinct voice. The album reminds me of the classic sounds of the group Ekova's *Heavens Dust* released by Six Degrees in 2000 (NEXUS, 7/05). In fact Dierdre was lead singer then. Listen especially to her version of "Nights in White Satin"—her voice carries a sound reminiscent of Persian vocal crossed with Indian and jazz plus a sort of understated lower range skill with enchanting intonations.

ACOUSTIC BRAZIL

by Various Artists

Putumayo, USA, 2005 (41 mins)
Distributors: **Aust**—MRA Entertainment, tel (07) 3849 6020; **UK**—Putumayo, tel 07759 600 495; **USA**—Putumayo, tel 800 995 9588, website: <http://www.putumayo.com>

The sound of the carnival is over and the rhythms of the streets give over to the softer acoustic sounds of the night coming from cafes and halls in the towns of Brazil. The best of Brazilian softer mode is what this album from Putumayo delivers. It includes the greats of Brazil plus several newcomers. Artists include Gal Costa who has been in the music scene since the 1960s, Marcio Faraco, Teresa Cristina, Chico Buarque (poet of Brazilian music), Rita Ribeiro and Lula Queiroga (who has been around since 1988).

THE PRINCE OF LOVE

by Pandit Premkumar Malik

Celestial Harmonies, USA, 2004 (78 mins)
Distributors: **USA**—Celestial Harmonies, tel 520 326 4400; **Aust**—Planet Distribution, tel (02) 9356.4866, website <http://www.harmonies.com>

Pandit Premkumar Malik espouses an ancient sound of northern Indian music known as 'Dhrupad' which is a rhythmic accentuated style. This musical form is from the north and almost disappeared. However in 1974 the head priest of the Shankat Mochan temple summoned all the remaining practitioners of the art to a music festival in Tulsa Ghat where this style was

preserved and recorded by Celestial Harmonies. Tabla and sitar accompany this special vocal style. Much of the form is devotional singing and it's a very slow and deep sound experience.

ONE

by Mark Ciaburri

Real Music Records, USA, 2005 (67 mins).
Distributors: **USA**—Real Music, tel 415 331 8273, **Aust**—New World Music, tel (02) 9565.4522; www.realmusic.com

An album of just one single track of harmonious ambient music from Mark Ciaburri with the support of musicians Bruce Becvar on guitar, Daniel Paul on tablas, Ginny Morgan on harp and cello, Jazlyn Woods on oboe and John Zangrando on flutes. The musicians are accompanied by the Angels Choir of Maui with their gorgeous sound. This is one of those classic and beautiful albums of quality atmospheric music that will help you deal with stress and worry or maybe just relax you after a long and winding day.

FEAST OF SILENCE

by Vas

Narada Productions, USA, 2004 (57 mins).
Distributors: **USA**—Narada Productions, tel 414 961 8350; **Aust**—MRA Entertainment, tel (07) 3849 6020; **UK**—Virgin Music, website www.narada.com

Percussionist Greg Ellis and vocalist Azam Ali work together as Vas (Latin for "vessel") creating an evocative sound best described as "alternative world". This is their first album in three years, after two solo projects and extensive recording. They have expanded their range considerably with Indian, Middle-Eastern and Eastern European styles and, for the first time, songs with English lyrics. They have also widened their sound with guitar, bass, cello and bansuri flute. An album worth a visit and place in your collection.

